Email automations are awesome if you don’t use them. You create an email once, add a person to an automation and the automatically get a series of education. I’ve made a ton you can use. These are just templates and I have edited them in different automations. I have a lot of other emails that have links to articles I’ve written on a blog.   
  
Vitamin D - <http://tplshare.com/TbRq38a>

Fish Oil - <http://tplshare.com/5Fa9bpY>

Probiotics - <http://tplshare.com/5Pbroqr>

Vit d and cancer - <http://tplshare.com/VGCaYxQ>

Good vs bad fats - <http://tplshare.com/gmpx2T0>

Carbs and sugars – http://tplshare.com/Ii1QADf

60 day improvement guide - <http://tplshare.com/Liy2mKN>

Small changes - <http://tplshare.com/tV_4ML3>

Purchased coffee enrich - <http://tplshare.com/Sb8Khri>

Coffee Enrich - <http://tplshare.com/7LIwB3m>

Dosage guide - <http://tplshare.com/hncTUB4>

Exercise benefits - <http://tplshare.com/1SxPmOm>   
  
Fish Oil and Heart disease - <http://tplshare.com/Cfemncd>

Which Study to believe - http://tplshare.com/ORFAAMA